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**Sample Menu**

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|  | **Morning Snack** | **Lunch**  | **Afternoon Snack** |
| **Monday** | **Assorted fruit & vegetables****Crackers and Cheese (PS)****Water and milk**  | **White Chicken Chili with Rice****Water and milk**  | **Fruit and Yogurt Smoothies** **with Pancakes****Water and milk** |
| **Tuesday** | **Assorted fruit & vegetables****Chicken and Homemade Coleslaw Bagels (PS)****Water and milk** | **Turkey Casserole with Mashed Broccoli, Cauliflower and Potato****Water and milk** | **Beans on Toast****Water and milk** |
| **Wednesday** | **Assorted fruit & vegetables****Homeade Oaty Bars (PS)****Water and milk** | **Tuna and Vegetable Pasta Bake****Water and milk** | **Ham & Sweetcorn English Muffin Pizzas** **Water and milk** |
| **Thursday** | **Assorted fruit & vegetables****Turkey and Avocado Whole Wheat Wraps (PS)****Water and milk** | **Bacon with Mashed Turnip, Potato & Gravy****Water and milk** | **Homemade Cheesy Brown Scones****Water and milk** |
| **Friday** | **Assorted fruit & vegetables****Pitta Sticks with Homemade Hummus (PS)****Water and milk** | **Leek, Chicken and Pea Pie****Water and milk** | **Homemade Creamy Tomato Soup with Toasted Cheese Sandwiches****Water and milk** |

**Please Note:** Allergen-free versions of meals and snacks will be provided for children with dietary requirements whenever possible. If an allergen-free version is not available, an alternative allergen-free meal or snack will be provided to suit the individual needs of the child.