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**Sample Menu**

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|  | **Morning Snack** | **Lunch** | **Afternoon Snack** |
| **Monday** | **Assorted fruit & vegetables**  **Crackers and Cheese (PS)**  **Water and milk** | **White Chicken Chili with Rice**  **Water and milk** | **Fruit and Yogurt Smoothies**  **with Pancakes**  **Water and milk** |
| **Tuesday** | **Assorted fruit & vegetables**  **Chicken and Homemade Coleslaw Bagels (PS)**  **Water and milk** | **Turkey Casserole with Mashed Broccoli, Cauliflower and Potato**  **Water and milk** | **Beans on Toast**  **Water and milk** |
| **Wednesday** | **Assorted fruit & vegetables**  **Homeade Oaty Bars (PS)**  **Water and milk** | **Tuna and Vegetable Pasta Bake**  **Water and milk** | **Ham & Sweetcorn English Muffin Pizzas**  **Water and milk** |
| **Thursday** | **Assorted fruit & vegetables**  **Turkey and Avocado Whole Wheat Wraps (PS)**  **Water and milk** | **Bacon with Mashed Turnip, Potato & Gravy**  **Water and milk** | **Homemade Cheesy Brown Scones**  **Water and milk** |
| **Friday** | **Assorted fruit & vegetables**  **Pitta Sticks with Homemade Hummus (PS)**  **Water and milk** | **Leek, Chicken and Pea Pie**  **Water and milk** | **Homemade Creamy Tomato Soup with Toasted Cheese Sandwiches**  **Water and milk** |

**Please Note:** Allergen-free versions of meals and snacks will be provided for children with dietary requirements whenever possible. If an allergen-free version is not available, an alternative allergen-free meal or snack will be provided to suit the individual needs of the child.